

# **Nouvelles PARC-EXTENSION**

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<u>newsfirst</u>

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# Full-house of supporters at the candidacy investiture of the New Quebec Liberal candidate George Tsantrizos





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## 'There's no place for intolerance': Justin Trudeau responds to protester at Fête nationale event at Jarry Park

(PXN) On Sunday June 24th, Prime Minister Justin Trudeau visited his riding to celebrate Quebecès National Day. Earlier, he went to Drummondville, in Center-du-Québec, where he went on a public market with his sons Xavier and Hadrien.

As he was greeting the crowd and taking photos, at Jarry Park, Prime Minister Justin Trudeau was apologized Saturday by an angry opponent in a park in Montreal.

A bearded young man wearing a white sweater (photo below) did not praise the presence of a federal elected representative at a party traditionally associated with Quebec nationalism.

The man asked him if he had come to speak to him in English. He ironically told him that his holiday (Canada Day) will be next week.

He then criticized Mr. Trudeau for "coming

to taunt us

"I'm at home," said the prime minister. He then lectured the man saying that "intolerance had no place in Quebec".

The individual was quickly removed by Mr. Trudeau's bodyguards.

Further on, referring to the Prime Minister's trip to India while he was wearing a country suit, another man jokingly asked him "if he had disguised himself as a Quebecker" before wishing him "a good National Holiday".

Coincidentally, the confrontation occurred when the Prime Minister crossed the path of Parti Quebecois leader Jean-François Lisée. The two men shook hands.

As a general rule, Mr. Trudeau was well received by the other participants in the various activities organized around the National Day.









PHOTOS ADAM SCOTTI





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## Parlez-coi D'HUMOUR

Alcide Borik



## Tout en faisant le pied de grue...

L'autre soir, j'écoutais les nouvelles à la tivi

J'entendais encore des pleurs et des grincements de dents des petits Mexicains basanés, à jamais séparés du papito et de la mamita comme l'ont été avant eux tant d'autochtones abusés par ceux-là mêmes qui leur voulaient du bien, tandis que notre Justin national présentant sa poitrine aux «Trumpo-macoutes » pour défendre ces enfants à grands coups de drapeau canadien où la feuille de canabis trônait à la place de la feuille d'érable, et que nos «sénilateurs» approuvaient l'infamie pour préserver encore quelques temps, le sarcophage de leurs privilèges...

Et puis surtout, j'en aurais braillé : ces pauvres grutiers qui risquaient des sanctions parce qu'ils refusaient d'opérer leurs monstres d'acier dans le brouillard pour mieux veiller sur la santé et la sécurité du public face aux cataclysmes que peut causer leur engin s'il est mal guidé.

Je voyais déjà dans mon imagination fertile, une énorme flèche portant une section de plusieurs centaines de tonnes du pont Champlain, vaciller et s'effondrer sur une foule d'ouvriers de toutes sortes aplatis sur le béton, des fragments gros comme des pans de banquise victimes du réchauffement arctique s'abattre sur les paquebots pleins de

touristes, hurlant d'épouvante et déclenchant un raz de marée impressionnant balayant les installations provisoires et les barges pleines de matériel dans un fracas épouvantable dans un naufrage «titanikesque» et digne d'une nouvelle chanson de Céline Dion.

J'entendais les gémissements déchirants des structures de Jacques Cartier et des poutrelles de Victoria à moitié submergées... Une vision à la Lac Mégantique...

Notre grutier syndiqué conseillant de ne pas confier ces «Goldoraks» infâmes à des amateurs inconscients qui n'ont même pas leur DEP et qui les conduiraient droit à leur perte avec la même désinvolture qu'un chauffeur d'Uber vous emmènerait skier dans les Laurentides sur des routes verglacées.

Même sermonnés par Monsieur Couillard nos grutiers, les larmes aux yeux, ne cherchaient qu'à protéger la population... et, peut-être certains monopoles....? Ou était-ce encore un de ces chantages qui fleurissent à l'approche des échéances inéluctables comme pour les Olympiques de Jean Drapeau, les signatures du lac Meach ou les serments d'amour pré-référendaires...

... Et puis je me suis réveillé!

## Depression more common & costly, than you think

A little known fact about depression is that it is a systemic disease rather than simply a mood disorder

We likely all know someone affected by clinical depression. Few of us, however, completely understand the magnitude, or severity of the condition, its chronic nature, or all of the symptoms that go along with it.

Depression is more than a simple case of the blues. Everyone experiences sad days, or periods when life isn't going too well. Clinical depression, however, involves a depressed mood for prolonged periods of time with sometimes no correlation to life circumstances.

Aside from feelings of sadness, other psychological symptoms of depression include feelings of hopelessness, low self-esteem, impaired memory, difficulty concentrating, anxiety, and preoccupation with negative thoughts.

A little known fact about depression is that it is a systemic disease rather than simply a mood disorder. Physical symptoms are extremely common and are often the reason depressed individuals initially seek help in a medical setting. Some of the most common physical manifestations of depression include these symptoms: aches and pains, fatigue, dizziness, insomnia, chest pain, back pain, intestinal complaints, diarrhea or constipation, menstrual dysfunction, and headaches.

Not only is this a disease that affects the entire body, but it affects a huge number of people. Across any year, it is estimated that more than three million Canadians suffer from depression. One in six individuals will experience depression at some point in their life.

Despite the multitude of people directly affected by this illness, only 25 per cent of cases are detected and diagnosed, and only six per cent are properly treated. This is amazing considering the availability and success rate of effective treatment. Untreated depression costs society \$60 billion every year in direct healthcare costs, as well as lost workplace productivity in North America alone.

Depression is the fourth leading cause of disability world-wide, and experts believe that by 2020 it will be raised to the second leading cause of disability. Clearly, this disease is a lot more mainstream than is sometimes thought.

Along with the widespread nature of depression is its chronicity. In the vast majority of cases depression is a recurrent experience. If untreated, bouts of depression will most likely continue throughout the individual's life and may increase in frequency and severity over time. Allowing recurrences is not only unpleasant, but can be harmful as it will take less and less to trigger a depression over time. Also, the brain changes with each recurrence of the disease. Depression should be treated early and completely – with complete remission and return to normal function as the goal.

Above all, if you or a loved one are experiencing depression, speak with your doctor as soon as possible.

Dr. Paul Latimer

## Cannabis legislation has employers worried

'Workplace safety is consistently flagged as employers' top concern with legalization, but the solution is not one-size-fits-all'

More than half of Canadian organizations, 52 per cent, are either concerned or very concerned about the implications the legalization of cannabis for recreational use will have on the workplace.

A Conference Board of Canada report, Blazing the Trail: What the Legalization of Cannabis Means for Canadian Employers, says employers' top concerns include workplace safety, impairment or intoxication, and increased use of cannabis both inside and outside the workplace.

Legislation finally cleared Parliament last week. It sets Oct. 17 as the formal day of the start of legal consumption and sales in Canada.

"Workplace safety is consistently flagged as employers' top concern with legalization, but the solution is not one-size-fits-all," said Bryan Benjamin, vice-president of Organizational Performance at the Conference Board of Canada.

"Gauging and managing impairment; adapt-

ing workplace policies; and ensuring employees are educated on what is allowed and what remains prohibited are all crucial components to a smooth transition to legalization."

In addition to workplace safety, impairment or intoxication, and increased use of cannabis inside and outside the workplace, employers also expressed concern surrounding testing for impairment, managing accommodation needs, costs of covering medical cannabis and other financial impacts on the organization, and issues related to productivity and employee performance, says the conference board's report.

It added that employers will play a critical role in helping to shape legislation related to impairment, drug testing, and benefits coverage for medical use.

Although the legislation is federal, the provinces have several areas of responsibility related to cannabis.

Mario Toneguzzi
The opinions on THIS PAGE reflect the consensus of Editorial Board.

## Nouvelles PARC-EXTENSION News

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## 2018-2020 Municipal Action Plan for Seniors

## Montréal launches some forty measures aiming to improve the quality of life of seniors



- CNW Telbec/ - Montréal's seniors will benefit, over the next two years, of a structuring municipal plan. Among other things, the plan aims to improve their mobility and their safety on public property, to increase the availability of quality affordable housing for seniors, as well as to make more services, infrastructures and municipal programs universally accessible, thus promoting the full civic and social participation of senior citizens.

These measures are part of the brand new 2018-2020 municipal action plan, titled *Montréal, a city reflective of seniors' needs*, unveiled today by Valérie Plante, mayor of Montréal, as

part of the 30<sup>th</sup> colloquium of the Carrefour action municipale et famille. The unveiling took place in the presence of Rosannie Filato, executive committee member in charge of social and community development, homelessness, youth, women's issues, sports and leisure.

"Our administration absolutely had to develop an action plan that would meet the needs expressed by seniors during the public consultation. As reflected in the title of our action plan, the objective is to shape our city in the image of its seniors, thus enabling them to live according to their full potential, safely," declared the mayor of Montréal, Valérie Plante (photo left).

## An answer to the priorities expressed by our seniors

The municipal action plan for seniors is the result of a public consultation process, as part of which seniors, as well as the community organizations and associations that work with them and on their behalf. The plan is made up of seven objectives and four main areas of action, including more than ten flagship measures, in order to meet the challenges and needs of this population.

The first area of action aims to make the city and its neighborhoods a more human living environment, where seniors can get around easily and safely. To accomplish this, the municipal administration namely plans to:

 Invest \$3 M in the accessibility of municipal infrastructures, parks, public areas, while also imposing stricter accessibility criteria in urban planning by-laws;

- Offer more affordable accessible housing to seniors;
- Adapt the public transit system and study the possibility of implementing social pricing models within the Agence régionale de transport métropolitain (ARTM);

The second area of action pertains to social cohesion, with measures aiming to fight against exclusion and mistreatment, while promoting inclusion and respect for diversity. It namely provides:

- Financial support for numerous community organizations coming to the aid of vulnerable citizens;
- Implementation of the SPVM's program Intervention policière auprès des ainés (IPAM) and improved awareness specifically among seniors from diverse cultural communities;
- Improvement of leisure and culture services.

The participation and involvement of seniors in their community represents the **third area of action** of the municipal action plan. "In order to fully take into account the needs of our senior population and to encourage seniors' participation in city activities, appointment

processes will include age-related representation, as much within our boards and bodies as within all those over which we have jurisdiction. We will also improve our consultation methods, so as to reach out more effectively to the most vulnerable and under-represented citizens", said Rosannie Filato.

The **final area of action** aims to place seniors at the heart of the exchanges between the municipal administration and its partners, in order for their common projects to reflect seniors' priorities.

"Montréal must accelerate the adaptation of its infrastructures, its public areas and its services, while remaining receptive to seniors and taking into account their needs. In doing so, we will ensure that the challenges and needs of this population that we hold so dear are fully met," concluded Valérie Plante.

The 2018-2020 Municipal Action Plan for Seniors is part of the Social development policy "Montréal de tous les possibles!". The Municipal Action Plan for seniors is the result of a public consultation process conducted with seniors, as well as the communuity organizations and associations that work with them and on their behalf. No less than 2,346 persons took part in this consultation process.

## Minister Joly Launches New Funding for Community Support, Multiculturalism, and Anti-Racism Initiatives

Canadian Heritage is strengthening diverse communities and supporting anti-racism initiatives across the country with \$21 million in new funding.

CNW/ - Diversity is Canada's strength and a cornerstone of Canadian identity. We are a stronger and more successful country because of our diversity. Unfortunately, too many Canadians face barriers and challenges that prevent them from fully participating in society and the economy. The Government is taking action to fund community-led projects and events that address these challenges, such as the elimination of racism and discrimination, in order to build a stronger and more inclusive society.

Today, the Honourable Mélanie Joly, Minister of Canadian Heritage and Minister responsible for Multiculturalism, announced three new funding streams that will strengthen diverse communities and support anti-racism initiatives across the country. The government is investing a total of \$51.9 million over 3 years, which includes \$21 million in new funding for community-led projects, events and capacity building initiatives.

The Projects component will fund community-led activities that work toward the elimination of discrimination, racism and prejudice,

with a priority for those supporting Indigenous Peoples and racialized women and girls.

The Events component will fund local events that promote intercultural and interfaith understanding as well as celebrations of a community's history and culture, such as heritage months recognized by Parliament.

The Community Capacity Building component will fund projects that will help recipients promote diversity and inclusion by strengthening the online and social media presence of organizations, establishing their communication strategies as well as enabling them to recruit and train volunteers.

"Although Canada is a welcoming and diverse country, our government knows that we can always do better. That's why we are proud to launch funding for initiatives that will celebrate our diversity, embrace our differences and address issues of racism and discrimination. By encouraging mutual understanding between all Canadians, programs like this will help build a society where everyone feels a true sense of belonging and can fully participate in their communities."

—The Honourable Mélanie Joly, Minister of Canadian Heritage and Minister responsible for Multiculturalism

## **PUBLIC NOTICE**



## **REGULAR MEETING**

The members of your borough council, Giuliana Fumagalli, borough mayor, Rosannie Filato, city councillor Villeray district, Mary Deros, city councillor Parc-Extension district, Sylvain Ouellet, city councillor François-Perrault district and Frantz Benjamin, city councillor Saint-Michel district, invite you to attend the next regular meeting of Villeray—Saint-Michel—Parc-Extension borough

At the meeting, you will have the opportunity to ask questions on any issue concerning your neighborhood, the municipal administration or any subject on the agenda, and obtain information. Registration between 6:00 p.m. and 6:45 p.m.

Please note that the service of a caretaker is offered and the name of the parents who wish to ask questions will be written on a priority list.

Date: Tuesday, July 3<sup>rd</sup>, 2018 Time: 6:30 p.m.

Place: Salle du conseil de la mairie d'arrondissement située au 405, avenue Ogilvy, bureau 201 For more information, please call 311

June 29, 2018

La secrétaire d'arrondissement Danielle Lamarre Trignac

## AVIS PUBLIC





## **SÉANCE ORDINAIRE**

Les membres de votre conseil d'arrondissement, Giuliana Furnagali, mairesse de l'arrondissement, Rosannie Filato, conseillère de la ville, district de Villeray, Mary Deros, conseillère de la ville, district de Parc-Extension, Sylvain Ouellet, conseiller de la ville, district de François-Perrault et Frantz Benjamin, conseiller de la ville, district de Saint-Michel, vous invitent à participer à la prochaine séance du conseil d'arrondissement de Villeray-Saint-Michel-Parc-Extension.

À cette séance, vous pourrez poser des questions sur tout sujet qui vous préoccupe relativement à votre quartier ou à l'administration municipale et obtenir des renseignements ou émettre des commentaires concernant les sujets inscrits à l'ordre du jour. Inscription entre 18 h et 18 h 45.

Veuillez noter qu'un service de haltegarderie vous est offert et que les parents qui veulent poser des questions seront inscrits sur une liste prioritaire.

Date: Le mardi 3 juillet 2018

Heure: 18 h 30

Lieu: Salle du conseil de la mairie d'arrondissement située au 405, avenue Ogilvy, bureau 201

Pour plus de renseignements, composez le 311

Fait à Montréal, le 29 juin 2018

La secrétaire d'arrondissement Danielle Lamarre Trignac

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## HAPPY CANADA DAY from coast to coast!

## **Eight things you should know** about Canada

1. The name "Canada" was used officially for the first time in 1791. It was created from an aboriginal word meaning "village".



- 2. The British North America Act was adopted in 1867, making Canada a dominion of the British Empire.
- 3. In 1921, King George V decreed red and white to be the colours of Canada. Our national symbols are the beaver, the maple leaf, the maple tree, and the maple leaf tartan. In addition, the RCMP in their red jackets are emblems of Canada for people around the world.
- 4. The red and white maple leaf flag was inaugurated in 1965, on Parliament Hill in
- 5. In 1967, as part of Canada's 100th birthday celebrations, Queen Elizabeth II created the Order of Canada, Canada's highest civilian
- 6. "O Canada" was proclaimed Canada's national anthem in 1980, a century after it was first sung on June 24, 1880.
- 7. In 1982, Dominion Day, celebrated on July 1, was officially renamed Canada Day.
- 8. In 1994, the Parliament of Canada declared ice hockey to be our national winter sport and lacrosse, our national summer sport.

To find out more about Celebrate Canada festivities taking place from June 21 to July 1, visit www.pch.gc.ca.

## **Celebrating Canadian values**

try, as Canada Day parties take over backyards and city parks. This date corresponds with the creation of the Canadian confederation through the British North America Act, which took effect on July 1, 1867. It is a moment in time stamped with the values we hold dear.

We often hear that Canadians believe strongly in the importance of defending their values on the international scene. But what are Canadian values, exactly? Let's zoom in on a few of those that seem to be embodied in the works of our artists, scientists, athletes, governments, and great minds.

The main value we see reflected there is respect of universal human rights. Since the Universal Declaration of Human Rights was issued, and right up to the more recent Convention on the Rights of the Child, Canada has been on the front lines in the fight to win an international consensus on the freedom and dignity of the individual. It follows that Canadians are seen as staunch supporters of women's and children's rights.

Democratic traditions are also very important to Canadians. The development of a pluralist and participative civil society is strongly encouraged in Canada-that means we are serious about allowing the expression of diverse

opinions and offering all citizens the possibility and means of participating in the life of their community and their country.

In economics, Canada is among the great defenders of the rule of law. Canadians want their governments and corporations to play by the rules in the business world, and generally support clear and transparent regulations along with both fiscal and environmental responsibility.



## A salute to the national flag

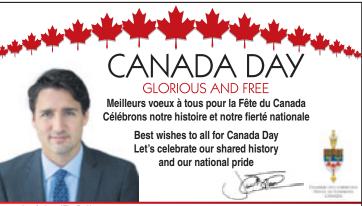
## Here are some interesting tidbits about our flag:

- Some vexillologists (flag specialists) say that the Canadian flag is one of the most beautiful in the world because of its simplicity in colour and design.
- · The red and white flag featuring the stylized maple leaf was raised for the first time over Parliament Hill in Ottawa, in 1965.
- Red and white were designated as Canada's official colours during the proclamation of the Royal Arms of Canada by King George V in 1921.



• The Canadian flag was first planted on the summit of Mount Everest in 1982 and appeared in space for the first time in 1984, on the uniform of Canadian astronaut Marc

The red and white flag featuring a stylized maple leaf was raised for the first time over Parliament Hill in Ottawa, in 1965.



Justin P. J. Trudeau Député/MP Papineau

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## PLQ chooses George Tsantrizos to run in Laurier-Dorion

Former Sklavounos attaché representing Liberals in Oct. 1 election

MARTIN C. BARRY

In the wake of the recent announcement by former Liberal Laurier-Dorion MNA Gerry Sklavounos that he will not be seeking a fifth term, the local PLQ riding association has decided to nominate Sklavounos's longtime political attaché, George Tsantrizos, to represent the Liberals in the Oct. 1 provincial election.

## Attacks PLQ's rivals

During an investiture meeting held at the Lajeunesse community centre in Villeray on Sunday June 17, Tsantrizos gave a speech in which he came out swinging at the PLQ's main rivals - Québec Solidaire, the Parti Québécois and the Coalition Avenir Québec.

"When I hear political leaders like Jean-François Lisée of the PQ and Manon Massé of Québec Solidaire who continue to believe in an independent Quebec, where every type of religious symbol will be forbidden - such as the kippa, the turban, the veil and even the crucifix that we wear - this insults me personally and I know, my friends, that it insults you too," said Tsantrizos.

## 'Insulted' by Legault

When I realize that today in 2018 in our society there are political leaders like François Legault of the CAQ who have the audacity to even suggest imposing a values exam in order to determine who can be a rightful citizen of our province, who want to close that door to desire, to passion and hope, who want to close that door to chance and opportunity, it insults me personally as a son of immigrant parents, and I know my friends that it insults you as well."

Tsantrizos went on to say that "the reality is that François Legault has absolutely no idea of what an immigrant is, of the sacrifices they have had to make and the obstacles they had to overcome. François Legault has absolutely no idea of an immigrant contributes or what they bring to the development of our society.

## 'Good values universal'

"François Legault doesn't know the story



Seen here with his wife, Johanna, by his side, and Quebec Liberal Finance Minister Carlos Leitão on the right, George Tsantrizos rises to acknowledge applause after being officially declared the PLQ's candidate for the Oct. 1 provincial election in Laurier-Dorion.

of my father. He doesn't know your story," Tsantrizos continued, after sharing the story of his family's experience as immigrants to Canada and Montreal. His father arrived in Montreal from Greece during the 1960s.

What values is François Legault talking about?" he asked. "I was raised with values. To love and respect everyone, to always work hard, to take care of my family, our youth and our seniors. But most importantly, to be an honest and valuable citizen in my society. And I am certain that these values are exactly the same in an Indian house, in a Pakistani house,

in an Italian house and in a Bangladeshi house."

Tsantrizos said that on Oct. 1 "we need to send a loud and clear message, especially to François Legault, that there is only one category of values. And those are the good values. And good values are universal. And there is absolutely no lesson to be given by Mr. Legault."

## A capacity crowd

The investiture filled the main meeting hall on the ground floor of the Lajeunesse community centre almost to capacity. Several hundred people came to show their support. Among the

elected officials who came out were Quebec Liberal Finance Minister Carlos Leitão and Park Extension city councillor Mary Deros.

In an interview with Newsfirst Multimedia, Tsantrizos explained how he arrived at his decision to become Laurier-Dorion's new PLQ candidate. "It's been eleven years that I've been working in this riding, and on top of that this is an area that I was born in, this is where I live and this is where I've been all my life," he said.

Continued on page (9)





Officials who came out to show support for Laurier-Dorion Quebec Liberal candidate George Tsantrizos, centre, included Quebec Finance Minister Carlos Leitão and Park Extension city councillor Mary Deros.



Laurier-Dorion Liberal candidate George Tsantrizos is seen here with his wife Johanna, his daughter Emma, age 3, and his three-week-old daughter Eliana.

## **Continued from page** (8)

"My priority has always been to always serve the people and that's what I hope to continue to do."

With a declining population of Greek Canadians living in the riding as an increasing number relocate to suburbs such as Laval, Tsantrizos was asked whether this might impact the Liberals in Laurier-Dorion.

## **Confident of winning**

"We're very confident that with the team that we have we can carry the elections," he said.

"And as you can see we have enormous support from different organizations, community leaders as well as other actors and partners that we have been working with for the past eleven years. So we are confident going forward."

With a virtually unmistakable shift politically to the right in Canada, including Ontario where a hard-line conservative government was recently elected, Tsantrizos was asked whether support for the Quebec Liberals could suffer a similar impact.

"I don't think we can compare between the two," he replied. "And, of course, I don't really look at the polls and never comment on them. We have work to do, we know, and we're very confident in the team that we have in place. And I know that the party is going to be announcing more candidates in the future, so we're confident that we're going to have the best team going forward to win a majority."

## Sklavounos's departure

Finally, Tsantrizos was asked whether the circumstances surrounding Sklavounos's estrangement from the Quebec Liberal Party could affect voter support for the Liberals in

Laurier-Dorion on Oct. 1. "I think it's important to remind our citizens that Gerry made a decision to leave public office," he responded.

"It was his own decision, it belongs to him, and I think we should respect that decision. We're getting into a new chapter right now and we're all looking forward to it, in the same way that he turned the page and he's going to start a new chapter in his life – a new life in which I'm sure he will be very successful. We have to do the same as well. So we're looking forward to this, we're on the start line and we're ready to go?"







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## YOUR HOROSCOPE

Week of July 1 to 7, 2018

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You'll witness a situation that will leave you perplexed. Someone will tell you a secret that you won't feel comfortable keeping. You need an outlet to vent.



TAURUS
It'd be a good idea to avoid coffee
this week. You'll feel particularly
anxious. Various situations will be
outside of your control, so you'll need
to learn to let go. At work, you'll
have to manage most of the week's
emergencies.



## GEMINI

GEMINI
Taking on those new responsibilities at work will pay off. It won't be easy at first, but your determination and resolve will lead you to new heights. You'll lay the foundation for a promising future.



## CANCER

CANCEH
You should reconnect with your spiritual side and experience something
out of the ordinary. Certain feelings
will put you on a path that's better
aligned with your personal values.



If you're struggling with your emo-tional state, it may be time to seek professional help. Change in any form will benefit you this week.



VIRGO
The foundation of your relationship may be getting fragile. You're a sensitive person, and your partner will need to start treating you accordingly to restore peace and harmony.



LIBRA
Physical health is often intimately linked to one's mental state. If you're dealing with a chronic health condition, perhaps the solution lies in your emotions, or perhaps even in the distant past.



## SCORPIO

Developing your self-confidence will put you on the path to success. You'll learn to stroke your own ego, which will help you stand out and display your charisma. Your peers will admire you.



## SAGITTARIUS

Fig. 11 Artius

If you're in the middle of a big move, you'll need your partner's presence and affection to calm your spirit during this time of great change. A clean, uncluttered living environment will help you unwind.



## CAPRICORN

CAPHICORN
You won't mince your words when it comes time to express your disagreement. You won't hesitate to draw attention to any form of injustice. You may also be asked to speak in front of a large crowd. Art is an excellent tool for self-expression.



## AOUARIUS

AUJUANIUS
Precarious financial situations breed anxiety. Try to see things from a different perspective. You'll soon realize that it's only a temporary situation, and you'll find yourself smiling again before you know it.



PISCES
You'll be feeling particularly bold
this week and in search of new
challenges to take on. At work and
at home, you'll accomplish something brilliant that will put you on
the path to success. Your dreams will
come true.

## e break

# CROSSWORDS PUZZLE NO. 917

## ACROSS 1. Throb

- 13.List of restau-
- 16.Historical
- 17.On the
- 20.lces 22 Jelly
- 24.Wall-covering
- hanger
- 31. Hurricane center
- 35.Fearful wonder

PUZZLE NO. 654

40.Volunteered

- \_So Lovely'
- 5. "\_\_\_So Lovely"
  9. Cranberry location
  12.Lunchtime
- rant dishes 15.Sightseeing trip
- 18.Spread out awkwardly

- 27.Ship's underside
- 32.Modifies copy
- 36.Hiker's abode 38.Clipped, as

- 43.Loud uproar 46.Disables
- 50.Paddle's cousin
- 51 Steals
- 53.Soil enricher 54.Lip
- 55.Taunt
- 56 Control
- 57.Remove moisture
- 58.Purposes 59.Close forcefully

## DOWN

- 1. Morsels for
- aardvarks Chicken's house
- Clock division
- Infuriate
- Sniffed
- Female pronoun
- Make into law
- Fish delicacy Fashion design-er Blass
- 10 Arena shane

- 11.Workout places 19.Had being 21.Printer's fluid
- 23.Soar
- 24.Animal companion

- 25.Sailor's response 26.Author

- 28.Jug handle 29.Cote member
- 30.Commanded
- 33.Shoves
- 34.Glimpsed
- 37.Cruise of "Mission:
- Impossible'
- 39.Modifies
- 41.Specialty
- 42.Displeased expression
- 43.Rope 44.Lion's cave
- 45.Land force 47.True
- 48.Doll's cry 49.Plant stalk
- 52 Auction offer

## Sudoku

## **HOW TO PLAY:**

**ISSUE'S ANSWERS** 

LAST

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

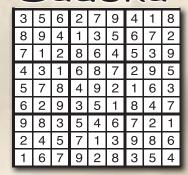
Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.

				9					Ī
		7	8			9	2		ı
				4	2		3		ı
		4	2	1					ı
2	9						8	4	ı
	5						6		ı
					1	3			ı
	1		9	8			5		ı
6				7					

## **CROSSWORDS**

Ν	Α	Р	S		G	0	В		D	Α	S	Н
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			С	0	В			R	Α	S	Р	S
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Т	R	I	Α	L	Α	Ν	D	E	R	R	0	R
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			Т	Е	Е	S		Н	Α	S	Т	Е
S	K	U	L	L			S	0	W			
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F	Е	D	S		Α	L	L		D	Е	w	Υ

## Sudoku





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## **IN MEMORIAM & OBITUARIES**



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## 1

## ANGELI, Graziano 1928-2018

It is with great sadness that we announce the passing away of Mr. Graziano Angeli on June 24, 2018. Predeceased by his beloved wife of nearly 62 years, Mrs Luigina Paoli Angeli. He will be greatly missed by his children Tullio (Carmelina), Nicola (Marisol), Susan (Gordon) and Michael (Tanya). Devoted grandfather of Cara-Li, Alexia, Bianca, Mia and Liano. He also leaves to mourn many friends and relatives in Italy.

## **EDELSTEIN, Leon**



Peacefully passed away, on Sunday, June 24, 2018, in his eighty-first year. Son of the late Myer and the late Bella Edelstein. Beloved husband of Estelle (Esther) Saller. Dear father and father-in-law of Jeff Edelstein, Jeffrey and Faith Rosen. Cherished grandpa of Jessica and Ilana Rosen; Trey, and Lexa Edelstein. Predeceased by his sisters and their spouses, Shirlé and Fred, Mary and Leonard, Nancy and David. Dear brother-in-law of the late Eleanor and the late Sam. Leon will be sadly missed by his nieces, nephews, family, friends and all who knew him.

## BÉLANGER, Thérèse (nee Gourdeau) 1924-2018



Peacefully passed away on June 19, 2018 at the age of 92, wife of the late Marcel H. Bélanger. Predeceased by her son Pierre, she will be fondly remembered by her children Michel (Marie), Denis, Paule (Eric), Nicolem (Stephen), André and Sylvie (Hélène), her grandchildren Balthazar, Noémie (Paul), Sébastien (Felicia), Antoine and Miyaléa, her sister Louise (late William McNamara), her brother Claude (late Lucille Hamel), many nieces, nephews, cousins and friends.

## DAVIES, Allan Frederick 1925 - 2018



Peacefully in his 93rd year and surrounded by love, it is with great sadness that we announce the passing of a beloved husband to Millie (Waddington), father to Glen and Karen (Tink) and grandfather to Erin, Blair, Kris and Kallie. Over 35 years of service with Hydro-Quebec followed by an equally long retirement, during which he enjoyed his love of desserts, dogs, all things chocolate and most of all, his family and friends. A heartfelt thank you to Febe for her compassion and care she provided over the last 4 years.





Honor and celebrate life in accordance to your traditions, values and customs, while easing your experience during the difficult moments.

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## IN MEMORIAM & OBITUARIES

## ERRORE, Ourania (Rania) (née Criticou) 1938-2018



Peacefully and surrounded by love on Thursday, June 14, 2018 in Chania, Crete, Greece. Devoted daughter of the late Anastasia and Antonios. Beloved wife of the late Antonino. Ourania was a wonderful and much loved mother to Sandro, Paolo and daughter-in-law Heidi. She was the cherished younger sister of Elizabeth and Constantina. Loving godmother to Anthony and Elizabeth. Beloved aunt to Smaragda (Evangelos), Michel (Bessie), Pierre (Tina), her many nieces and nephews and family in Italy, Greece and Australia. Ourania will be dearly missed by her family, longtime friends and neighbors, and warmly remembered by her colleagues and students from her 30 years as an educator at the Socrates School in Montreal. Her family is deeply thankful for the wonderful support of friends, all those who knew her, and for the care she received at the Montreal Jewish General Hospital and St. George's Hospital in Chania.

## Belec, Joan 1936 - 2018 Belec, Joan M



Belec, Joan Marie (nee Peake) passed away on June 22, 2018 at the age of 81 at the Royal Victoria Hospital. Predeceased by her dear husband Pierre, she will be sadly missed by her children Linda and Paul and by her grandchildren Francesca, Christina, Michael, and Eric and Christopher and their mother Linda, as well as her step-daughter Valeria.

## ASPLER, Minna (née Friedland)



Peacefully passed away in her one hundredth year, on Wednesday, June 20, 2018. Beloved wife of the late Moe Aspler. Loving mother and mother-in-law of Carl, Martha, Fanya and Danny. Cherished grandmother of Sigal, Maia, Sharon, Daniel and Sarah. Sister-in-law of the late Charles and the late Estelle Aspler, and the late Izzie and the late Mimi Aspler. She will be greatly missed by all those whose lives she touched. The family would like to thank the staff of the Jewish Eldercare for their care and devotion. Special thanks to Marialuz Ponce, an exceptional caregiver, who, for four years, gave quality and comfort in Minna's final years.

## MCGOVERN, John (Shane) 1927-2018



It is with great sadness that we announce the passing of John (Shane) McGovern on June 18, 2018. Beloved husband of Yolanda for 58 years; loving father of Manuel and Ana (Kevin Maguire); cherished grandfather of Chanelle, Shane, Tim and Sean. He will also be greatly missed by his sister Ita, many relatives and friends. In the 1980s, in their Surveillance Systems Division, he worked in the pioneering field of unmanned surveillance drones. His passion was Irish history and he published "The Town Book of the Borough of Belturbet" covering his hometown history from 1657 to 1840.



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As Scott Lang balances being both a Super Hero and a father, Hope van Dyne and Dr. Hank Pym present an urgent new mission that finds the Ant-Man fighting alongside The Wasp to uncover secrets from their past.

## **OCEAN'S 8**

PG-13 | Action, Comedy, Crime



Debbie Ocean gathers a crew to attempt an impossible heist at New York City's yearly Met Gala.

## THE INCREDIBLES 2

PG | 1h 58min | Animation, Action, Adventure



The Parr family struggles to maintain normal lives while Helen Parr, also known as Elastigirl, is out fighting crime and campaigning for the return of supers. Meanwhile, Helen's husband Bob Parr, also known as Mr. Incredible, remains at home watching their children Violet, Dash and Jack-Jack, discovering the secret powers of the latter in the process.

## ADRIFT

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## **JURASSIC WORLD: FALLEN KINGDOM**

PG-13 | 2h 8min | Action, Adventure, Sci-Fi



When the island's dormant volcano begins roaring to life, Owen and Claire mount a campaign to rescue the remaining dinosaurs from this extinction-level event.

## HEREDITARY

R | 2h 7min | Drama, Horror, Mystery



When Ellen passes away, her daughter's family begins to unravel cryptic and increasingly terrifying secrets about their ancestry. The more they discover, the more they find themselves trying to outrun the sinister fate they seem to have inherited.

## OVERBOARD

PG-13 | 1h 52min | Comedy, Romance



A spoiled, wealthy yacht owner is thrown overboard and becomes the target of revenge from his mistreated employee.

## TAG

PG-13 | 1h 45min | Comedy



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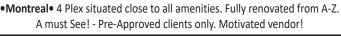
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