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CBC comes to Park Extension at William Hingston

Community bureau project hopes to serve underrepresented communities



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Starting next week, the Canadian Broadcasting Corporation will be bringing its community bureaus initiative to Park Extension with the stated objective of telling the stories of under-served communities.

CBC will be setting up an office at Park Ex Library at the William-Hingston Centre and is welcoming community groups and residents alike to come and discuss the stories important to them.

The goal of these bureaus is to “build and sustain relationships with people in under-served, underrepresented areas, to strengthen our journalism by making it more reflective of all Quebecers,” said the CBC.

Running from Apr. 26 to May 14, the bureau will be led by CBC Montreal journalist Jennifer Yoon, who hopes to make connections with people in the neighbourhood and better tell the stories important to Park Extension.

Underrepresented communities

The initiative has already stopped off in three other locations, including Brossard, Lévis and the Laurentians.

“These are communities that are underrepresented by our journalism and on top of that part of the public has lost trust in the media,” said CBC Producer Cassandra Leader.

“We’re also including trust as part of our goals and mandate. So the bureau itself is an initiative to build the bridge and close the gap between these communities and CBC,” she added.



CBC Producer Cassandra Leader.

Communications Officer Rana Liu said that to accomplish this they would concentrate on taking the time to listen to peoples’ stories. “That makes a difference to your community journalism and it really builds relationships with people,” she added.

Coffee chats

Although the bureaus are looking to cover local stories, all those involved highlighted that they wanted to listen to people and properly understand the issues affecting the neighbourhood before interviewing people and producing stories.

Instead of conducting formal interviews, CBC is taking a slower approach by asking residents to join them for informal ‘coffee chats’ to discuss the background of issues in Park Ex.

“This is the beginning of a long-term relationship, the bureau is the first step where we are slowly introducing ourselves and getting to know people,” explained Leader, highlighting that they hoped to foster these relationships even after the bureau leaves.

“We’re used to parachuting in and then we come out and then we never come back until something happens in that area,” remarked Leader, underscoring that “for that reason, when we approached the bureau, we really focus first on building those relationships and not worrying about content.”

Leaving behind preconceived notions

Having grown up in the diverse suburb of Surrey, B.C. and herself an immigrant, journalist Jennifer Yoon hopes to leverage her lived experience to better tell the stories relevant to people in Park Ex.

“The whole idea of me coming in and making genuine connections is that I don’t come in with my own preconceived notions,” explained Yoon, adding that she is participating in the project to listen to residents.

“I don’t want to come in with any ideas of like, this is the story and this is the focus that I’ve already decided on,” added Yoon.

Yoon added that she wanted to make CBC more personable and approachable to people in the neighbourhood.

“We’re made up of people and we want to make those people to people connections so that we have a better relationship and that we are serving the neighbourhoods better than we are now,” she said.

Telling Park Ex stories

So far the public broadcaster has received support from residents and organizations on this new initiative. Park Extension city councillor Mary Deros voiced her support for the community bureau, remarking that it would bring more visibility to critical local issues.

“The more interest, the more things will take place,” said Deros. “The more interest and the more citizen input that will be publicly worked on, then obviously the city center and our administrators in the borough will be listening,” she explained.

“It’s going to be more people, especially the media, that will be bringing up all the necessary means. So yes, I always welcome that, because it won’t be just my voice anymore,” added councillor Deros.

Change in strategy

According to Leader, this marks a significant shift in strategy in how the public broadcaster hopes to serve underrepresented communities in the future, both in Montreal and across the province.

“This is the first time we’re doing this, we’ve never had community bureaus in Quebec,” said Leader, adding that she hoped that slowing down the process of reporting news and issues could bring more accurate and empowering coverage.

“Slow down the journalism, don’t worry about the journalism, let’s get to know the people first and then the journalism will come,” she said.

Anyone interested in participating can contact the community bureau by sending an email to mtlcomm@cbc.ca to book a ‘coffee chat’ with journalists.

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OPINION & Editorial



Allowing government to parent our children is a serious mistake

Tax burdens and living costs prevent most intact parental couples from raising their children at home

What would be better – children conceived by random intercourse and raised by the state, or children raised by their parents in the same household? Plato, the Greek philosopher from ancient times, said the former; and whether we realize it or not, his philosophy has dragged public policy for decades.

“Our men and women,” Plato wrote in *The Republic*, “should be forbidden by law to live together in separate households, and all the women should be common to all the men: similarly, children should be held in common, and no parent should know his child, or child its parent.”

Plato thought that family teachings could compete with loyalty to the state and its ideology. No families means no competition. Government knows best, especially when they are philosophers ... said the philosopher.

“There will be no end to the troubles of states, or of humanity itself, until philosophers become kings in this world, or until those we now call kings and rulers really and truly become philosophers, and political power and philosophy thus come into the same hands,” Plato wrote.

Some misguided elites still believe this and have used their influence to prevail in popular, academic and public institutions. An anecdote by the late filmmaker Aaron Russo puts this on stark display. In an interview, now 15 years old, he recalled a conversation with Nick Rockefeller.

When Russo told Rockefeller what he thought feminism was about, Rockefeller laughed and called him “an idiot.”

“We funded women’s lib and we’re the ones who got it all over the newspapers and television [through] the Rockefeller Foundation,” Rockefeller reportedly told Russo.

“One reason was, we couldn’t tax half the population before women’s lib. And the second reason was, now we get the kids in school at an early age, we can indoctrinate the kids how to think, which breaks up their family. The kids start looking at the state as their family, as the school, as the officials as their family, not as the parents teaching them.”

By now, that project is in advanced stages with a momentum all its own. Most children are in daycare at a year old, funded by the government in passive or active ways. This usually means women, encouraged for decades

to abandon homemaking for the workforce, are paid to raise the government’s children — their income paid and taxed by the same government.

Tax burdens and living costs prevent most intact parental couples from raising their children at home even if they want to. Government-run, politically correct, mediocre education takes a significant portion of provincial tax dollars. Parents who want homeschooling or private schools for their children have an uphill battle.

Perverse incentives in welfare programs also aid Plato’s vision. At a restaurant years ago, a 20-something waitress told me a story that peeved her. Her friend was advised by her own father, “Get knocked up; you’ll get money from the government.” So her boyfriend impregnated her. She kept his name off the birth certificate and later called him her landlord – thereby qualifying for even more handouts.

At budget time, governments brag about their investments in childcare, education and social assistance programs. The problem is that when Plato wins, parents lose. And the price is their children, their tax dollars and their society.

Lee Harding



#NewsMatters:
The National
Assembly Report

By Raquel Fletcher

After by-election defeat, amendment fiasco, Anglade insists Liberals can turn things around

anglophones, historically loyal to the Liberal party, came after a major gaffe many have qualified as amateur and tone-deaf.

Earlier this session, the opposition proposed an amendment to the government’s French language reform Bill 96, which would require English CEGEP students complete three courses in French to receive their diplomas.

The amendment was accepted by all four parties represented at the National Assembly without any consultation of the community. CEGEP directors, parents and students were quick to denounce the modification to the bill, saying such a strict requirement could lead to students failing classes or getting poor grades that could affect their chances of getting into the university of their choice.

Another humiliating defeat

Anglade apologized and the Liberal Party tried to convince the committee to walk it back, but to no avail. Then, after being mocked by the media and other parties, the Liberals endured another humiliating defeat last Thursday.

The committee voted against a new Liberal amendment, which would have required students to complete three classes of French instead of three classes in French. That would have meant that students who are not as proficient in the language of Molière would have been permitted to take three French as a second language courses.

“It was incumbent on everybody to find a solution,” says André Fortin, Liberal MNA for Pontiac, who said “it was a shocking turn of events” that French Language) Minister Jolin-Barrette voted against the new amendment.

Fortin insists there is still a possibility to make changes to the bill, although that seems less and less likely with the end of the session just around the corner. The Liberal Party will vote against Bill 96, what it calls “a deeply-flawed bill,” but it will require more than that to appease frustrated Quebec anglophones and win back indifferent francophones. Anglade is well aware of this.

“I think I need to be a lot more vocal about a number of (positions) that we’ve taken,” she says.

Anglade says under her leadership her party would focus on both the economy and fighting climate change, but above all, she says her party is about promoting inclusion. She says Premier François Legault is pitting Quebecers against each other with “politics of division.”

“The premier is saying that there are anglophones and francophones. Immigrants and not-so-good immigrants. People who are making \$56,000 a year and the other ones,” she says.

“The future of Quebec needs to be outward focused. We have to be looking at opportunities for every single person. We have to be thinking about an economy that is modern and progressive. And we have to stop dividing Quebecers and look at how Quebec can be a beacon for the rest of the world.”

She admits she’s running out of time to get her message across but is not deterred.

“I’m extremely motivated. If anything, this week proves to me that we need to work harder. There’s no question about that.”

Raquel Fletcher is QCNA’s News Matters columnist on provincial affairs

Jarry Park public consultation results published

Residents ask for less parking and more vegetation at the park



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Approximately one year after the City of Montreal presented its Jarry Park Development Plan, the city released the results of a public consultation that asked residents what they wanted to see in the parks' refurbishment on Apr. 5.

Key recommendations included the reduction of parking spaces, more trees and greenery, better security in the park, better cohabitation of different activities and improved mobility options for park users.

The park will see a major overhaul in the coming years, with the addition of many new trees, the moving of several key installations and the addition of a small stream through the central field.

In May 2021, the City unveiled its preliminary plan to refurbish one of Montreal's biggest parks, attracting more than 1.3 million people every year.

Public consultation

Between Jun. 4 and Jun. 27, roughly 2780 people responded to a survey on the city's Réalisons Montréal website to voice their suggestions and concerns about the new development plan. These responses were integrated into the city's planning phase.

Most respondents were between the ages of 20 and 49 and generally French-speaking residents of Villeray. According to Survey data, a smaller portion of respondents were English-speaking Park Extension residents.

Nonetheless, the majority of respondents were located within a 1 km radius around Jarry Park, in the Parc-Extension, Villeray and Petite-Italie districts.

Less parking

A large majority of respondents, approximately 87 per cent, were in favour of a decrease in parking in the park so that the space can be put to other use. The parking lot is currently located on Jarry in front of Lucien-Pagé High School.

The original plan featured a new vision for the parking lot which will include curb flower beds and more trees to make it more environmentally friendly.

Among those who responded that they didn't mind a reduction in parking, 38% wrote this was conditional as long as it included a drop-off zone and was designed in an environmentally-friendly manner.

More green space

"We want to multiply vegetation and trees," said Sylvia-Anne Duplantie of the *Service de la mise en valeur du territoire* at last year's presentation, adding that the city also aimed to modulate space by landscaping small hills and creating varied terrain.

Half of the respondents, roughly 50 per cent, said they would like to see more plantations of trees and shrubs to significantly increase the biodiversity in the densely populated areas along Saint-Laurent boulevard.

A majority of respondents, 68 per cent, also said they wouldn't mind shortening the skating season at the park's pond in favour of maximizing its natural look over an artificial one.

The city said it would remove invasive phragmites reeds which have proliferated around the pond, blocking the view and restricting access



A majority of respondents, 68 per cent, also said they wouldn't mind shortening the skating season at the park's pond in favour of maximizing its natural look over an artificial one. Photo: City of Montreal

to the water's edge. These initiatives would help attract pollinating insects, cut down the effects of wind and ensure healthy biodiversity in the park.

Jarry creek

The initial plan also included the resurrection of a naturally occurring stream that had long been buried. It would flow out from the pond on the south side and follow the contours of the central field, so as to not obstruct its use.

This was overwhelmingly supported by respondents. "More than three-quarters of responses are favourable to the fact that the central plain is equipped to be able to receive a surplus of water when it is necessary (77%)" read the report.

Over half the participants in the survey, 54 per cent, said they wanted transition areas between sports zones and rest and relaxation areas, ensuring the inclusion of spaces favouring diversity of group activities.

51 per cent of respondents also added they would like to see more vegetation and relaxation areas inside the Jarry Park aquatic centre and pool. The pool will be rebuilt when the park is refurbished

Diverging opinions

Other recommendations mentioned in the report include a majority in favour of placing a children's water park close to existing jungle gyms and children's play areas.

A majority also voted to refurbish the park Jean-Paul II chalet to house a reception pavilion with sanitary services or other services for the activities of the park. This will be possible once the SPVM moves their *poste de quartier* 31 from the chalet to a new building on de l'Esplanade.

The report nonetheless outlined that the findings may not be sufficiently representative of all viewpoints in the area and also highlighted several divergences in opinion on key issues. These would be subject to elaboration and reflection by the cities team.

The City will now begin to develop its final development plan in the coming weeks and will present it to the public later this spring and summer.



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Borough resumes green waste removal

Residents can now put out their organic garden waste for pick up



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The borough of Villeray–Saint-Michel–Parc-Extension kicked off its at-home green waste collection for the summer season last week, accepting all kinds of garden waste and organic material.

This means that residents will be able to drop off organic garden waste on the curb to be picked up by the city. “Green waste is organic waste: grass clippings, dead leaves, spring cleaning and gardening residues, etc,” said the borough.

Spring cleaning and gardening waste collection started on Apr. 13 and will run until Nov. 16. Residents can check the city’s online services portal to get the exact times of pick up for their street.

“Turning this material into compost is a great way to beautify your neighbourhood and reduces the amount of waste that needs to be disposed of,” continued the borough.

Compost produced by the organic waste will then be redistributed to residents free of charge twice a year, both in the spring and in the fall for people to reuse in their gardens.

Many types of organic waste accepted

Types of organic waste that are accepted for pickup include grass cuttings, dead leaves, stubble residue, horticultural residue, vines and branches from conifers, deciduous trees and cedar hedges.

Branches must be under 1 m (3.3ft) in length and must not have a diameter of over 5 cm (2in).



Residents can consult the city’s website or their map to see when different types of waste can be collected. Photo: Matias Brunet-Kirk

They must be tied together in a bundle with a natural fibre chord to facilitate their processing.

All other organic residues can be put in either cardboard boxes, paper compost bags, transparent plastic bags or reusable rigid containers like compost bins.

Alternatives

Pick-up days for Parc Extension are set for Wednesdays. If you miss the collection date, the borough encourages residents to “take your organic materiel (including branches over 5 cm in diameter) to the nearest Ecocentre to be composted,” wrote the borough.

The borough also suggests other solutions if residents miss the pick-up days including adding plants to your private garden compost and keeping your organic waste on your property until the next collection period.

As a last resort, the borough says to put organic waste in your household waste, which will then be treated as waste and will not be composted.

Bigger buildings are eligible, but not in Park Extension

Last year the city announced they would expand their organic waste and compost collection program to buildings with nine or more units, but Villeray–Saint-Michel–Parc-Extension is still not included.

“We know now that the landfills we have for putting the garbage in will be full in the next 10 years. So we need another option,” said Jean-François Parenteau, executive committee member responsible for city services.

Currently only 6 boroughs are participating

in the program, including Côte-des-Neiges—Notre-Dame-de-Grâce, Pierrefonds—Roxboro, Rosemont—La Petite-Patrie, Saint-Léonard, Saint-Laurent and LaSalle. The service is only offered in certain sectors of these boroughs.

This is part of the city’s ecological transition plan, aiming to become carbon neutral by 2050. The city said that the collection of organic waste could cut greenhouse gas emissions by 55 per cent by 2030.

Many composting plants still missing

Although the city has expanded its organic waste management capacity over the last years, much of the infrastructure needed to process it is still lacking.

In June 2021, Montreal’s auditor general pointed out that none of the five compost management plants promised by the Tremblay administration in 2013 had yet been built.

A total of \$237-million was promised in 2013 to build organic waste treatment plants in the east, west, south and north ends but none have yet been built.

Certain exclusions apply

Although the city’s services accept a variety of organic waste, there are certain limits to what is eligible for collection.

Tree and plant branches over 5 cm (2 in) in diameter tree stumps or trunks are not permitted in the roadside pick-up plan. Residents can bring these to a local Ecocentre.

Animal litter, food residues, stones and earth are also not eligible for pickup. Residents are asked to respect rules surrounding organic waste pickup and permitted times to avoid potential fines.

Any organic material that does not fit the criteria set for at-home pickup can also be brought to a local Ecocentre where it will be dealt with properly. The closest is Ecocentre Acadie, on Henri-Bourassa Boulevard.

If residents have any questions on the pickup of waste by the city, more information is available on the city’s website or by contacting them by phone at (514) 872-0311.



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The management



Canada will be doing its bit for space exploration on 'Lunar Gateway' project

Moon could soon be revealing its secrets, says Canadian astronaut Jeremy Hansen



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Canadian Space Agency astronaut Jeremy Hansen joined students from across Canada last week for 'Let's Talk Lunar: Exploring the Moon,' a virtual event organized by Let's Talk Science.

Canada's space mission

Hansen was selected to join the CSA in the 2009 CSA selection of future Canadian astronauts. Let's Talk Science, a non-profit educational venture, focuses on education and skills development for children and youth in Canada through science, technology, engineering and math (STEM) based programs.

During the 90-minute event on April 2, done in conjunction with the CSA, Hansen talked to more than 1,000 students from grades 9 to 12 about lunar exploration, including Canada's role in the Artemis program, the Lunar Gateway and how astronauts are preparing for missions to the Moon.

Lunar Gateway project

Just as Canada has been participating for decades along with other countries in supporting the International Space Station (ISS) which is in low Earth orbit, Canada is also participating in the planned Lunar Gateway, another space station that will be placed in lunar orbit.

The current goal is to land humans on the Moon by 2024. The last time we were on the Moon was in December 1972, when the U.S.-sponsored National Aeronautics and Space Administration (NASA) led the final mission of its Moon exploration program with Apollo 17.

Moon secrets revealed

"We learned a lot about the Moon in the late '60s and early '70s, but we have a lot more to learn," said Hansen, adding that when the Moon was explored that last time, it was only around

the equatorial region. However, now because of improvements in technology, astronauts will be able to reach other locations, including shadowed craters and the Moon's south pole because trapped water-ice is believed to be located there.

"We need to go back," he said. "We want to learn more about the Moon to figure out where we can build bases in the future, where we can get resources to help us explore. We want to learn more about the geology of the Moon and how we can leverage that geology."

Tech advances in space

So, even though humans are returning to the Moon, Hansen said the technical advances made over the past 50 years are such that robotics will be playing an immensely more important role in the coming Moon mission.

"This human/robotic collaboration is super-important," he said, noting the important contribution Canada made in the past to space exploration programs with development of the Canadarm1 robotic arm deployed on the Space Shuttle beginning in the early 1980s, followed by Canadarm2 in 2001 on the ISS, and Canadarm3 which will be fitted to the Lunar Gateway.

Goals important

Hansen said that if there was one thing he hoped the web conference's participants would take away, it would be the importance of setting goals. "I don't necessarily want you to desire being a space explorer, but I want you to set goals. Short-term goals, long-term goals, to understand that if you set goals and share those goals with others, people will enable you to accomplish amazing things."

Hansen said that as a youth, he wanted to be a space explorer. "But I didn't get here because I was special or better than others. I got here because I was surrounded by people who lifted me up. And that's exactly what's happening with our program today: we set big goals and the team is coming together and we are accomplishing incredible things."



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After Canadarm 1 and 2, Canadarm 3 will be fitted to the future Lunar Gateway which will be in orbit around the Moon.

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Samosas at Parc Metro

Local organization continues to provide free food to in-need residents



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Local community group International Cultural Integration Organization distributed food to many in-need Parc-Extension residents last Friday, at Parc Metro station.

Volunteers with the organization helped distribute portions of samosas, a South Asian savoury baked pastry, bottled water, energy bars and beverages to in-need residents on Easter Friday.

Over 300 pre-prepared Samosas were given out for free to any resident in need of a prepared meal. The charitable donations are meant for residents in need of food, but the organization does not make eligibility checks work instead on an honesty system.

The organization also distributed masks, socks and other necessary cold-weather articles, like gloves and hats.

Good Friday food distribution



Food distributed by the organization is sourced privately from restaurants in the area. This week samosas were prepared by Sana Halal Restaurant on Jarry and were provided at a discounted rate.

"Today was a pleasant day as large numbers of people came," said Organization President Mahmood Raza Baig of the Easter Friday food distribution drive. "May God enhances our services more as food prices go up and fixed low-income people are facing a tough time," added Baig.

"We are so thankful to Sasha Dyck, Richard Janda, Mr. George, Khorshed Alam for their contributions," added Baig, underscoring that they can only provide services thanks to private donations.

The group was joined by two police officers from *Poste de quartier* 33 who aided in the distribution of meals boxes.

Offering services to the community

Founded in 2006, the organization is headed by Mahmood Raza Baig along with several other volunteers. It centers its mission around anti-poverty work and human rights efforts in the Park Extension neighbourhood.

The organization works to help in-need Park Extension residents, such as refugee claimants, low-income seniors and women who are victims of domestic abuse.

Among other community efforts, International Cultural Integration Organization is "committed to feeding the homeless and needy every week," according to its mission statement.

In addition to providing food, the group works to offer other services to residents who may need aid. This includes education workshops for refugees, professional development programs



The group was joined by two police officers from *Poste de quartier* 33 who aided in the distribution of meals boxes.
Photo: Mahmood Raza Baig

for women and the distribution of masks since the start of the pandemic.

Funded through donations

The project has so far been entirely community funded, through personal contributions and public donations. "It was so difficult because generally, I have some money from my pocket," said Baig about the difficulty of funding the services.

"I have some friends, and thank God I'm very well respected in the area," stated Baig, adding that this has helped him pursue his efforts in the community.

Baig has faced many difficulties in running the project since its start of the project in early 2020. "It's very difficult to get funds," said Baig, adding that he feels disparity in funding is often based on race. "We face definitely some political hindrance," said Baig.

Looking for a venue

Although Baig plans to keep distributing meals and grow the operations of the organization, he also wishes he could get more aid and funding for his efforts.

The group currently works with local organizations to prepare food from scratch in shared kitchens, but Baig wants to expand the organization to run their own kitchen and accommodate people in a dining hall.

"Right now we are also sort of looking at our own place," said Baig, but added that rent prices for such a project were too expensive.

"\$2,000 to \$3,000 a month," said Baig about the rent he would have to pay for his own space, adding that it would be "a big headache for me."

Working with compassion

Baig hopes the group can grow its efforts to better serve those in Park Extension. "I want to treat people properly in proper room and proper place, they can sit and eat and go," said Baig of an eventual community kitchen location.

Regardless of the organizational and financial hardships organizations like Baig's face, he says he will keep doing the work he has done for the past 16 years.

"There is a purpose of our activity on humanitarian and compassionate grounds," related Baig, adding that the long hours spent distributing food outside during the winter months were nonetheless worth it.

"To do something for good reason, you're supposed to have a determination," concluded Baig.

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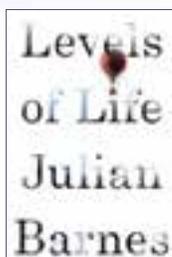
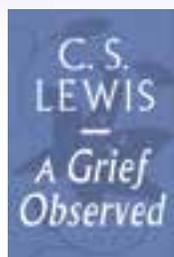
In Memoriam & Obituaries

Dearly departed

MOURNING • REMEMBERING • COMMEMORATING

Dealing with grief: four tips for grappling with loss

Grief is something that needs to be actively worked through. Freud outlined this idea in his seminal essay "Mourning and Melancholia," and his theory of grief work remains at the core of modern approaches to handling loss. Here are four strategies for actively dealing with grief.



3. READ BOOKS ON GRIEVING

Many mourners find solace, strength and wisdom in books in which novelists talk about their experience of loss. There are also books in which experts on grief and grieving provide tools for dealing with a loved one's passing. Here are some notable ones:

- *Levels of Life* by Julian Barnes (essay)
- *The Year of Magical Thinking* by Joan Didion (memoir)
- *It's OK That You're Not OK* by Megan Devine (self-help)
- *A Grief Observed* by C.S. Lewis (collection of reflections)

4. EAT WELL AND EXERCISE

Self-care is essential when grieving. Eating well, drinking lots of water and exercising regularly will help balance the griever's mood and improve their well-being. The exercise needn't be strenuous; stretching, brief yoga sessions and short walks can be a good start.

Actively working through one's grief tends to be very helpful. However, oftentimes individuals need additional support, guidance or simply a listening ear. In such cases, getting support from a grief counselor can be invaluable.

1. OPEN UP TO OTHERS

Grieving individuals need to express what they're feeling. Bottling up or ignoring one's emotions only causes them to fester. For most people, talking with friends and family members about what they're feeling is the most natural and easy way of unburdening themselves.

2. EXPRESS YOURSELF THROUGH ART OR JOURNALING

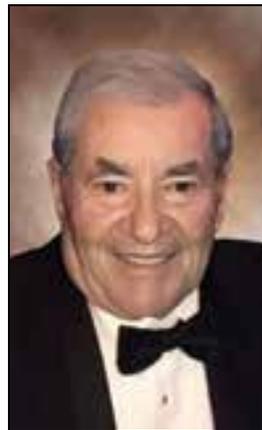
Not everyone is comfortable opening up to those around them. When this is the case, a person can express his or her feelings in a variety of other ways. Dancing, making music, and painting can all be effective means of expressing grief. Journaling is another method of releasing pent-up feelings, with the typical method being to write down everything felt and thereby identify and explore the full range of emotions.



SERINO PROSSER Aida
1930-2022

On April 5, 2022, Aida Serino Prosser passed away at the age of 91 to join her husband, brother and sister in paradise.

She is survived by many relatives and friends..



IASENZA Franco
1944-2022

It is with deep sadness that the family announces the passing of FRANCO IASENZA on Sunday, April 17, 2022 at the age of 77.

He will be sadly missed by his beloved wife Rosaria Saggese Iasenza, his loving children, Domenico (Audrey), Michele (Melanie), Sonia and Franco Jr (Jessica), his cherished grandchildren Matteo, Adam, Ava, Lelio, Mia, Simona and Ophelia, Nieces, Nephews, brothers-in-law and sisters-in-law, as well as many other relatives and friends.



TSIKIS TSATOUMAS Irene
1936 - 2022

Irene Tsikis Tsatoumas, beloved and devoted mother and grandmother, departed her loving family and home at the age of 86 in Montreal on Friday April 15th, 2022.

Our angel up in heaven, for now we are apart you'll always be remembered, always loved you now watch over us from your new home up above May God rest your pure hearted soul and keep you safe you will be greatly missed



BASDRAVALAS VOYATZIS Evmorfia
1932-2022

It is with infinite sorrow that we announce the passing of Evmorfia Basdravalas Voyatzis in Montreal, on Friday, April 15th, 2022 surrounded by her family.

Predeceased by her beloved husband and son, John and Rigas Voyatzis and all her sisters and brothers. Cherished and devoted mother, of daughter and son-in-law, Lula and Theo and daughter-in-law Mary. Dedicated and beloved grandmother to her grandchildren, Costa, John, Evy, Nia and John. Along with her in-laws, cousins, nieces, nephews, many relatives and friends..



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HOROSCOPE

Week of **APRIL 24 TO 30, 2022**

The luckiest signs this week:
TAURUS, GEMINI AND CANCER



ARIES

You may have to fill in for a colleague who will be away indefinitely. This could cause a lot of stress in your life. Fortunately, you'll be rewarded with a promotion.



TAURUS

When speaking in front of a crowd or on social media, you'll feel slightly embarrassed as you receive applause or likes. However, some people may criticize you.



GEMINI

You may find it difficult to find the perfect work-life balance. You'll have to rearrange your schedule to fulfill your family and professional obligations without disappointing your loved ones.



CANCER

You may go on a spontaneous romantic getaway. You need to take a step back from a difficult decision to clear your mind and move forward.



LEO

You may need to end some of your friendships. You've always been generous with those close to you. Therefore, some people may try to pay you back to keep you from cutting them out of your life.



VRGO

You'll need to fix an error on one of your bills. You may spend a good part of your week trying to get a refund. Sometimes you must take the law into your own hands.



LIBRA

You'll get the care you need to improve your health or start a new diet that yields quick results. You're moving toward a better quality of life, both physically and mentally.



SCORPIO

You'll be surprised by a sudden surge in popularity with your customers and on social media. If you're single, many people will be vying for your attention.



SAGITTARIUS

Your family is your focus this week. Your loved ones may be more demanding than usual. Plans to move may be on the horizon.



CAPRICORN

You may have a few travel headaches this week or experience a miscommunication. Your outspoken nature will have a powerful impact on your colleagues or social life.



AQUARIUS

Money may be a source of concern. Don't hesitate to take the bull by the horns and confront those involved to solve the problem once and for all. You can finally loosen your belt.



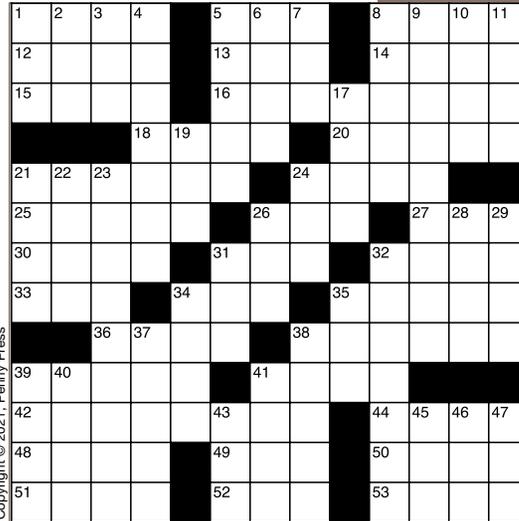
PISCES

Things keep getting postponed at work. At times, you may not know where to start. It's a good idea to slow down before things get out of control. Rely on your strengths to be more efficient.

Coffee Break

CROSSWORDS

PUZZLE NO. 122



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ACROSS

1. Molecule part
5. To's opposite
8. Wound covering
12. Baby's father
13. Small boy
14. Record
15. Discontinues
16. Not deserved
18. Tease
20. Hazel and Alice
21. Ranch
24. Evergreen shrubs
25. Removers of weeds
26. Swindle
27. Duet number
30. Pale
31. "The Flying ___"
32. Gather crops
33. Gosh!
34. Cooking vessel
35. Worth
36. Out of range
38. Midrifts

DOWN

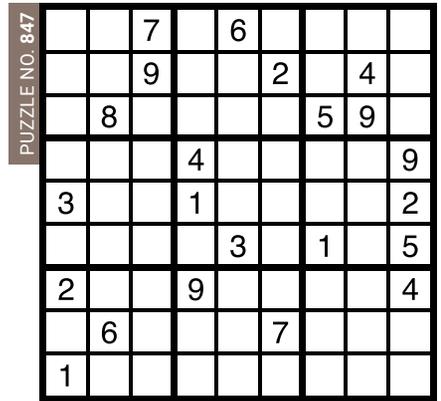
1. Summer cooler
2. Light brown
3. Different
4. Command
5. Liquid
6. Go on and on
7. Verse form
8. Drinking aid
9. Flour holders
10. Imitated
11. River bottoms
17. Pulpit word
19. Used to be
21. Rug style
22. Model
23. Play practice
24. Hither and ___
26. Mowed
28. Linger
29. Picks
31. Neither's mate
32. Ruled
34. Mama's fellow
35. Guy
37. Occupies
38. United Kingdom region
39. Air pollution
40. Get sleepy
41. Hang fire
43. Large scarf
45. Corn spike
46. Cain's mother
47. Dawn moisture

Sudoku

HOW TO PLAY:

Fill in the grid so that every row, every column, and every 3x3 box contains the numbers 1 through 9 only once.

Each 3x3 box is outlined with a darker line. You already have a few numbers to get you started. Remember: **You must not repeat the numbers 1 through 9 in the same line, column, or 3x3 box.**

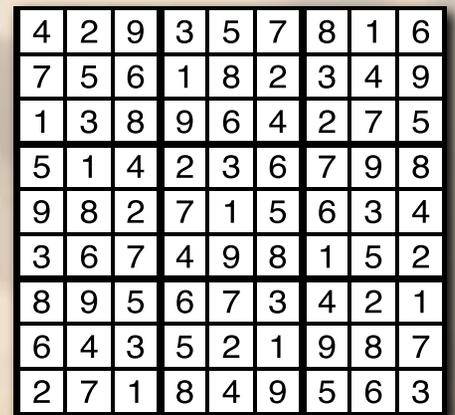


Last Issues' Answers

CROSSWORDS



Sudoku



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